

# Lost Words: Humility

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## Sermon Overview

### Life-changing Lessons

1. To practice humility means I will put the well-being of others before my own personal fame (glory).
2. Humility is often expressed in non-obvious ways.
3. Humility will lead me use my gifts and abilities to point people to Christ and not just for my own gain.

## Scripture: Mark 1:9

At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan.

## Opening Question

What is the most humble act you have ever witnessed? What was your emotional reaction to that act? How did it make the person feel who was personally involved? (maybe it was you)

## Digging for Truth

1. We will talk about Christian virtues. The things that were modeled by Jesus and the characteristics that God expects of His children. The best list of virtues is found in Galatians 5:22-23. Read that list.

### Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

Notice that these are called fruit of the spirit, not fruits of the spirit. Why is that?

If you had to pick one that God would supernaturally bless you with victory in, which would it be?

Which of these is the most counter-culture in our day and time?

2. Les said that humility is on the endangered species list. Do you agree with that statement? Why or why not?
3. Some have said that a certain individual is humble just because God made them that way. Does God give people fruit of the spirit genetically or in some other way? Is humility more difficult for some people?

(Possible factors involved, but God never commands us to be something we cannot be.)

True or false: Humility is voluntary and an act of submission.

Humility is defined as “**the supernatural expression of the selfless life of Christ in my life.**”

4. Read the following passage and try to remember the phrase that gives the best advice for you.

Phil. 2:3-7

Do nothing from selfish or empty conceit, but with humility of mind regard one another as more important than yourselves; do not merely look out for your own personal interests, but also for the interests of others. Have this attitude in yourselves which was also in Christ Jesus, who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men.

Optional: Read these other passages: Proverbs 3:34, James 4:6, 1 Peter 5:5

5. Life-Changing Lesson 1 says, “**To practice humility means I will put the well-being of others before my own personal fame (glory).**”

What makes this difficult?

6. If internet access is possible, visit the web site “IAmSecond.com”. Let members choose whose story they’d like to hear. Discuss reactions to their story.
7. Life-changing Lesson 2 states, “**Humility is often expressed in non-obvious ways.**” Some of those ways are modesty in dress (not calling attention to yourself), decency (not being mean or rude), politeness and graciousness, respect for people in authority, and respect for people under your authority.

Are there any things God has brought to your attention regarding how you can be more humble?

8. Lesson 3 states, “**Humility doesn’t lead to insignificance, it results in honor and value in God’s eyes.**”

Are we seeking earthly greatness or heavenly praise?

9. Here are some tips on how to get started on developing humility. Choose one of these to begin this week:
- Begin every day by giving thanks to God. (1 Cor. 4:7)
  - How can I help someone else better know Christ.
  - Define true greatness for our children. It equals servanthood.
  - Remember it is a path, not a destination.

### Closing Thought

1 Peter 5:6 says, “Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time.”

In what ways do you believe God will lift us up when we choose the route of humility?