

My Prayer List

<p>DAILY</p> <p>Consider journaling what God is teaching you. Get a Life Journal from The Source.</p>	<p>Prayer Outline: Confession (1 John 1:9) Adoration (Psalm 71:8) Supplication (Eph. 3:20) (Your Prayer List) Thanksgiving (Psalm 100:4) Listening (John 10:27) Examining (Psalm 139:23)</p> <p>Other Requests:</p>	<p>Daily Prayer Requests</p> <p>Immediate Family</p> <p>Current Life Situations</p> <p>Impact List: (first names only) 1. 2. 3.</p> <p>My Growth Partner:</p> <p>My Group's Missionary:</p>
<p>SUN</p> <p>Use space for weekly requests.</p>	<p>Prayer Focus: My Church, Pastor & Other Leaders Evaluation: Am I serving faithfully in the church?</p>	
<p>MON</p>	<p>Prayer Focus: Unreached people group, the Cotabomba of Peru Evaluation: Am I honoring God in my relationships?</p>	
<p>TUE</p> <p>Make plans to read the Bible daily.</p>	<p>Prayer Focus: My friends who are facing challenges. Evaluation: Am I honoring God in my family relationships?</p>	
<p>WED</p>	<p>Prayer Focus: My personal focus country: Evaluation: Am I honoring God with my health?</p>	
<p>THU</p> <p>Talk or pray with your SG Partner weekly</p>	<p>Prayer Focus: My small group Evaluation: Am I growing with believers in a small group?</p>	
<p>FRI</p>	<p>Prayer Focus: Work or school issues Evaluation: Am I honoring God with my finances?</p>	
<p>SAT</p> <p>Make time with lost people.</p>	<p>Prayer Focus: My extended family Evaluation: Am I a spiritual influence on friends, neighbors & coworkers?</p>	



One Mission: Pray

December 6-12

ewestwood.org/groups

Starting Point

One Mission Celebration is an exciting missions event, specifically designed for Westwood, which will be held Wednesday through Friday, February 17-21. The purpose of the event is to bring Westwood's focus on missions to a higher level so that we are partnering with God to make a kingdom impact. We will be challenged to pray, to give and to go. That also happens to be the outline of this three-week series called **One Mission**. These lessons are designed to help us begin a focus on missions, which following the OMC, we hope to be part of the DNA of Westwood. We want to know and celebrate what God is doing down the street and around the world. We want to pray for the work, give to the work, and go get involved in the work of missions personally. We want missions to be about faces and places, not prayer groups and appeals for money.

You have likely heard some prayer slogans before like "Prayer changes things" or "There is power in prayer." While we believe those to be true, the power is not something we produce, it is by the will of God. Therefore it is only natural that we begin this series with prayer, just as we did in our *Going Public with Your Faith* lessons. So today we'll be encouraged to actively and consistently engage in prayer, and to devote some of that time in prayer for missions.

Scripture

[Matthew 9:37-38](#)

The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.

[James 5:16b](#)

The prayer of a righteous man is powerful and effective.

[2 Thessalonians 3:1](#)

Finally, brothers, pray for us that the message of the Lord may spread rapidly and be honored, just as it was with you.

Focus

During our One Mission Celebration, you will often hear the terminology used from Christ's words in Acts 1:8 which says, "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." As the disciples were in Jerusalem at that time, Jesus was in essence saying, "Start being a witness here, where you are, then focus outward." When we refer to those geographic areas, our Jerusalem is Shelby County, our Judea is Alabama, our Samaria is the United States, and the "ends of the earth" really needs no explanation.

We all know that God calls us to be faithful in prayer and we desire to be obedient to Him. We are convicted by the Biblical mandate to "pray continually" (1 Thess. 5:17), but we're often more like the disciples who received Jesus' rebuke, "Could you men not keep watch with me for one hour?" Most of us put so much in our lives that we have squeezed out time for prayer and do not make it a priority. Maybe also it is because we haven't seen many results from our prayers, so we assume we're making it fine without much of it.

That is in stark contrast to the truth of James 5:16. Prayer can be "powerful and effective." In order to develop that kind of prayer life, we must be consistent in pursuing not only time in prayer, but holiness and righteousness. One of the purposes of this lesson is to help provide a plan and encouragement to develop a consistent time of prayer in our lives. And in turn as we grow in righteousness, our prayer will become "powerful and effective" as God honors our investment.

We see in Matthew 9:37-38 that Jesus asked the disciples to ask God to send workers into His harvest field. This leads us to believe that prayer is important not only to evangelism and missions, but from before the very start of the process. We are even to pray for the people before the work begins!

Another important thing to remember about missions is that we sometimes miss the target in our focus. We so respect those who have gone to the mission field, realizing the sacrifices they have made to be obedient, that our prayer can focus more for them than for their mission. This is like praying for a football player to avoid injury. While that is good, we also want him to score!

2 Thessalonians 3:1 is a passage in which a missionary, Paul, places focus on the mission—"that the message of the Lord may spread rapidly and be honored." Let's pray that the mission will be successful! Praying for the Cotabamba unreached people group in Peru will help us do this. We have no missionary there now, so we are praying that the people would find and follow Christ. That prayer can begin that God will *send workers into the harvest field!*

Truths to Remember

1. Prayer is the part of missions that _____ can do.
2. Effective prayer begins with knowledge, so being _____ is critical.
3. The effectiveness of our prayer life is impacted by _____ living.
4. As we mature in our faith, prayer for ourselves _____ while prayer for others _____.
5. We shouldn't just pray for the missionaries, but also for the _____!

Questions for Discussion

1. Why do you think most people struggle to have a consistent prayer life?
2. How can we stay informed about missions and missionaries?
3. What are things we can pray about regarding success of missionaries?
4. What things do you think need to be prayed for missionaries themselves?
5. What were your impressions about the Cotabamba effort in the video?

Life Challenges & Homework

1. Begin regular systematic prayer using the prayer guide on the back.
2. Secure a "Spiritual Growth Partner" and give them permission to check on your progress and consistency in prayer.
3. Select a country which you will pray for during the month of December. Have everyone in your family do the same. Make it a family project to learn more about that country and pray for each family member's country that the gospel would spread rapidly.
4. As you hear news or talk of other countries, pray for the spread of the gospel there as well.

Answers - Blanks from "Truths to Remember":

1. everyone
2. informed
3. righteous
4. decreases
5. mission